



Racewalk West Annual Masters Membership Application

Name: _____

Mailing Address: _____

Contact Phone: _____

Fax Phone: _____

Email Address: _____

Birth Date: _____

*Are you currently a member of BC Athletics? No Yes BCA# _____

* Note that you must have one of the following memberships in BC Athletics in order to belong to Racewalk West:

- Non-Competitive/Training(T) \$10.50/year
- Athlete/Masters (M) \$42.00/year
- Athlete/Adult Recreation Runner 20 years + (ARR) \$36.75/Year

Racewalk West will collect the BC Athletics membership fees and apply on your behalf.

To see the benefits and rights of membership, follow this link:

<http://www.bcathletics.org/main/membership.htm#why>

**Are you currently a member of Canadian Masters? No Yes CMAA# _____

** Follow this link to find out more about the Canadian Masters Athletic Association:

<http://www.canadianmastersathletics.com/>

To assist us in developing our program to meet the needs of our members please answer the following questions:

What is your current level of fitness?

Couch potato Below average Average Above Average Monster

Do you have any existing medical conditions that we should be aware of or are you currently under the care of a medical practitioner? No Yes

Are you interested in participating in Racewalks or other competitions?

Yes No



What is your estimated time to walk the following distance?

100m _____ 1.5k _____ 3k _____ 5k _____ 10k _____ 20k _____

In which of the following areas can you assist the club?

Event volunteer Officiating Race Organiser Club executive
Social committee Learning new skills

What are your fitness goals this year? _____

How did you hear about us? _____

I, the undersigned, am aware that there is a certain risk of injury involved in my own participation in sport; either while travelling to or from an event; or while attending or participating in the programs or activities which are part of Racewalk West. I understand that the signing of this membership application is intended to indicate that on behalf of myself I assume the responsibility and acknowledge the risk of injury by so participating.

Signed: _____ Date: _____

Annual fee: \$50

Benefits of membership in Racewalk West include the following:

- weekly workout/technical sessions at the track at Burnaby Central Secondary School;
- other workouts during the week as arranged with members;
- 8-9 personalized coaching sessions with international level racewalkers who also coach athletes competing at the international level;
- support and companionship while training and reaching your goals;
- great friends, conversation, and opportunities to participate in recreational & social events;
- email updates of events and training information.